



Emilia Parker

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Labor and Delivery Registered Nurse With Experience in Maternal and Neonatal Care

Dedicated labor and delivery RN with 10 years of experience assisting with routine and high-risk deliveries. Skilled in fetal monitoring, obstetric emergencies, and postpartum care. Passionate about providing compassionate support to mothers and newborns while ensuring safe and positive birthing experiences.

Key Skills

- Labor assessment and fetal monitoring
- Obstetric emergency response (eclampsia, shoulder dystocia, postpartum hemorrhage)
- Neonatal resuscitation and Apgar scoring
- Epidural and pain management support
- Patient and family education on newborn care
- Coordination with obstetricians and midwives

Professional Experience

November 2018 - Present

Labor and Delivery Registered Nurse

Vanderbilt University Medical Center, Nashville, TN

- Assist in an average of 25 labor and delivery cases per month, including high-risk pregnancies and cesarean sections
- Monitor fetal heart rates and maternal vital signs, identifying distress early and reducing emergency C-section rates by 15%
- Provide postpartum care, including lactation support and newborn assessments, increasing breastfeeding success rates by 20%
- Lead obstetric emergency drills for the unit, improving staff response times by 30%

August 2014 - November 2018

Registered Nurse – Maternity and Postpartum Unit

Ascension Saint Thomas Hospital, Nashville, TN

- Supported an average of 20 new mothers per shift in postpartum recovery, ensuring proper pain management and emotional well-being
- Educated families on newborn care, reducing post-discharge complications and emergency visits by 18%
- Assisted with high-risk deliveries, including premature births and multiple gestation cases
- Trained new nurses on maternity care protocols, improving unit efficiency and patient satisfaction scores

Education

Bachelor of Science in Nursing (BSN)

University of Tennessee, Knoxville, TN | May 2014

Certifications

- Inpatient Obstetric Nursing (RNC-OB), National Certification Corporation | June 2014
- Neonatal Resuscitation Program (NRP), American Academy of Pediatrics | June 2014
- Basic Life Support (BLS), American Heart Association | May 2014