



# MARK EVANS

San Diego, CA 92101  
mark.evans@email.com  
(555) 456-7890

---

## Psychiatric Registered Nurse With 8 Years of Experience in Mental Health Care

Compassionate psychiatric RN with extensive experience in inpatient and outpatient mental health care. Skilled in crisis intervention, medication management, and patient counseling. Dedicated to providing holistic mental health treatment and collaborating with multidisciplinary teams to support patient recovery.

### Education

Bachelor of Science in Nursing  
(BSN)

San Diego State University, San Diego, CA  
| May 2015

### Key Skills

- Psychiatric patient assessment and treatment planning
- Crisis intervention and suicide prevention
- Medication administration and monitoring
- Cognitive behavioral therapy (CBT) support
- Patient and family psychoeducation
- Coordination with psychiatrists and social workers

### Professional Experience

#### Psychiatric Registered Nurse – Inpatient Behavioral Health Unit

*Sharp Mesa Vista Hospital, San Diego, CA | July 2018 - Present*

- Provide direct care for an average of 15 psychiatric inpatients per shift, managing acute cases including schizophrenia, bipolar disorder, and substance withdrawal
- Lead crisis interventions and de-escalation techniques, reducing patient aggression incidents by 25%
- Administer psychotropic medications and monitor for side effects, ensuring a 98% adherence rate to prescribed regimens
- Collaborate with social workers and therapists to create individualized discharge plans, improving post-hospitalization stability

#### Registered Nurse – Outpatient Mental Health Clinic

*UC San Diego Health, San Diego, CA | May 2015 - July 2018*

- Conducted mental health assessments and provided medication education to patients with anxiety, depression, and PTSD
- Assisted in developing therapy programs, leading to a 30% improvement in patient engagement rates
- Managed a caseload of 25+ patients, coordinating care with psychiatrists and primary care providers
- Provided suicide prevention education to patients and families, increasing awareness and early intervention

### Certifications

- Psychiatric-Mental Health Nursing Certification (PMHN), American Nurses Credentialing Center | May 2015
- Crisis Prevention and Intervention (CPI) Certification, Crisis Prevention Institute | May 2015
- Basic Life Support (BLS), American Heart Association | May 2015